

14TH OCTOBER-30TH NOVEMBER

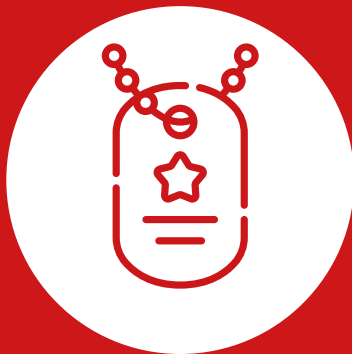
FREE TO TAKE PART, SIGN UP TODAY!



TOMMY 10K

SIGN UP AT [RBLI.CO.UK/TOMMY10](https://rbli.co.uk/tommy10)

WHICH CHALLENGE WILL YOU DO?



**THE CORPORAL
CHALLENGE**

Walk, run or wheel 10k



**THE PARATROOPER/
COMMANDO CHALLENGE**

Walk, run or wheel 10k a week
for a month



**THE SPECIAL FORCES
CHALLENGE**

Walk, run or wheel 10k a day
for 10 days totalling 100k



Registered with
**FUNDRAISING
REGULATOR**

Royal British Legion Industries (RBLI) Charity No. 210063. RBLI, Hall Road, Aylesford, ME20 7NL, Kent

#TOMMY10

rbli.co.uk

fundraising@rbli.co.uk

@RoyalBritishLegionIndustries

@RBLIcharity