



Your safety and enjoyment are top priority for the Great Tommy Sleep Out. Common sense and good planning are key, here are some things to consider.

Please make sure your Sleep Out complies with COVID-19 government guidelines, which may vary depending on your location. You can check them here: <https://www.gov.uk/coronavirus>

## Where to hold your Sleep Out

The safest place to hold your Sleep Out is at home or in your garden. Some participants have previously slept on their balcony or even in their garage! When choosing a location please think about risks, accidents or legal issues. It is important to make sure you have permission of the land/property owner before planning your event and a good idea to carry out a risk assessment (example found here - <https://www.hse.gov.uk/simple-health-safety/risk/index.htm>).

If you are planning to hold the Sleep Out in a public space, it's best to contact the Police and your local council to make them aware of your plans. We've found that local authorities are very supportive of Sleep Outs!

To hold a work place event you will need to follow the Health and Safety at Work Act (<https://www.hse.gov.uk/legislation/hswa.htm>) and COVID-19 government guidelines. You will need to make sure you have permission from the building manager and carry out your companies risk assessment procedure.

## Accepting donations at your Sleep Out

If you want to accept physical donations while on private property, all you need is the manager or owner's written permission. Any public collections require a licence from the council or the Metropolitan Police if you are in London. This can take a while to receive so plan ahead to avoid disappointment!

## Weather

It is important that you consider what you will do if the weather becomes too bad to continue your Sleep Out. Being March, rain is never too far away and we've had some freezing conditions recently. We advise making sure there is a suitable indoor space to use if needs be. If the weather becomes a severe issue, don't worry, you can always reschedule your Sleep Out!

## Safety

Always carry a torch and mobile phone. Be prepared to find a safe place inside should you become concerned. If you are building your own shelter or using equipment, you need to ensure that everyone follows safe moving and handling procedures to avoid getting hurt.