

### What is The Falkands Forty Challenge?

In recognition of the 40th anniversary of end of the Falklands War, The Falklands Forty Challenge is a virtual fundraiser to support RBLI in helping veterans regain independence and create a positive life after service.

We challenge you to complete 40 miles within May, but how you do it is completely up to you. Do it alone, with friends or as part of a group - complete the challenge in one day, one week or gradually throughout the month. Best of all you can choose your own method; run, walk, cycle or swim - as long as you go the distance the challenge is yours to create. And make sure to share your challenge online to help raise vital funds and support our brave ex-service personnel.

### When do complete the challenge?

Take on the challenge in May - you can start at any time in the month and take as long as you need.

#### How should I complete the challenge?

To ensure The Falklands Forty Challenge is accessible to everyone we've designed it to be accessible to allow you to complete the challenge any way you like. This means you could walk, run, swim, skate, or cycle.

### Can children take part?

Yes, we would love young people to get involved, but they will need a responsible adult (over 18) to register on their behalf.

## Can I fundraise as part of a team?

Yes, you can! Spread the word to family, friends, and co-workers to join you. You can take part in separate locations or together and can even start a team fundraising page on Just Giving here:

## www.justgiving.com/thefalklandsfortychallenge

It's important that every member of the team aims to raise the target of £150 per person.

# When will I receive my T-Shirt and fundraising pack?

To receive a fundraising pack, you must register for one here: https://givp.nl/erf/BB9vGDn3

Fundraising packs cost the charity money and can only be sent to participants that have opened a fundraising page and received their first donation.

## How do I raise money for The Falklands Forty Challenge?

You can raise money by sharing your challenge online with friends, family and colleagues. If you are a veteran of the Falklands or know someone who was, you might consider sharing a story from the War. You could also take on the challenge on behalf of someone who served.

Don't forget that a lot of companies will match fund your fundraising. They usually have a limit for how much they will donate, but it could help you to achieve your target. For example, if your workplace match funds up to £100, once you've raised £100 from other sources their donation will double your total!

### What if I don't reach the fundraising target of £150?

We ask everyone taking part to try to raise a minimum of £150. The money you raise helps us deliver the vital services to vulnerable veterans that might be experiencing homelessness or battling conditions like PTSD.

If you're worried you won't reach your fundraising target, please get in touch with us as soon as possible. We can give you lots of tips and ideas to help.

If you don't make the target though, you won't be made to make up the difference. All we ask is you try your best!

### I have been given a cash donation, what do I do?

You can either add this to your online fundraiser yourself, so your other sponsors can see how well you are doing, or you can pay it straight in to our bank account here:

Barclays Bank Plc. Branch 13 Fremlin Walk Maidstone, Sort Code 20-54-29, Account number 20914436.

Please do not send cash in the post.

## How will my sponsors know that I completed the challenge?

You can update your sponsors before, during and after your challenge by sharing photos and updates on how your challenge is going, and how it went.

## What is the difference between RBLI and The British Legion?

RBLI is a separate charity, both in governance and finance, from the Royal British Legion. We receive no funds from the annual poppy appeal and fundraise ourselves with events like The Falklands Forty Challenge to deliver our own unique and wideranging services for veterans and their families.

If your question hasn't been answered here, please email us at fundraising@rbli.co.uk

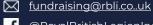








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