

# QUEEN ELIZABETH COURT AND GREENWICH HOUSE

## LUNCH MENU - WEEK 1

### MONDAY

#### Beef casserole

Served with mashed potato,  
cabbage, carrots

### TUESDAY

#### Spaghetti bolognaise

Served with garlic bread

### WEDNESDAY

#### Chicken korma

or

#### Chicken tikka masala

Served with rice

### THURSDAY

#### Meatballs in a tomato sauce

Served with mashed potato,  
peas, carrots

### FRIDAY

#### Fish and chips

or

#### BBQ chicken

Served with baked beans or peas

### SATURDAY

#### Chicken kiev (GH only)

Served with chips and  
baked beans

#### Brunch (QEC only)

### SUNDAY

#### Roast dinner

*All followed by dessert of the day*

### ALTERNATIVES

#### Ploughman's

#### Jacket potatoes

With a choice of fillings:

Cheese

Baked Beans

Tuna

#### Selection of omelettes:

Cheese and tomato

Ham and cheese

Vegetable

#### Soup

# QUEEN ELIZABETH COURT AND GREENWICH HOUSE

## LUNCH MENU - WEEK 2

### MONDAY

**Shepherd's Pie**  
Served with mashed potato,  
mixed vegetables

### TUESDAY

**Sausagemeat, bacon and egg pie**  
Served with mashed potato,  
cabbage, carrots

### WEDNESDAY

**Gammon**  
Served with egg, chips  
and baked beans

### THURSDAY

**Chicken Casserole**  
Served with mashed potato,  
mixed vegetables

### FRIDAY

**Fish and chips**  
or  
**BBQ Chicken**  
Served with baked beans or peas

### SATURDAY

**Chicken burger in a bun**  
Served with chips and salad

### SUNDAY

**Roast Dinner**

*All followed by dessert of the day*

### ALTERNATIVES

**Ploughman's**

**Jacket Potatoes**

With a choice of fillings:  
Cheese  
Baked Beans  
Tuna

**Selection of Omelettes:**

Cheese and Tomato  
Ham and Cheese  
Vegetable

**Soup**