



# THE GREAT TOMMY SLEEP OUT

sponsored by

**BAE SYSTEMS**



## KIT LIST

### WHAT IS PROVIDED?

There will be toilets on the event site. We will provide dinner and hot drinks throughout the evening and there is a welfare station should you need assistance.

Additionally, everyone will receive:

- Hoodie
- Beanie
- Shelter Kit – including cardboard, ground sheet, tent pegs, string, lantern, batteries

### WHAT IF WE HAVE BAD WEATHER?

Unless there is extreme weather the event will go ahead. Our Events Team will monitor and assess the weather before and throughout the event.

### WHAT TO WEAR

- Lots of layers
- Gloves and scarf
- Hooded waterproof coat
- Waterproofs
- Warm socks

### ESSENTIALS

- Sleeping bag (we recommend a 3-4 season bag suitable for winter)
- Water bottle
- Phone
- Phone charging pack

### OTHER ADVISED ITEMS

- Hand or head torch
- Umbrella
- Snacks
- Flask for hot drinks
- Hot water bottle
- Foam mats (you'll be sleeping on hard ground, so you may wish to bring something to help soften the ground beneath you)

### ALCOHOL

We wish to be sympathetic towards alcohol and addiction issues within the homeless community by asking everyone to abstain for the night.

Pets (except for assistance dogs) are not permitted.